

FUKUROI NEWSLETTER

2026
August

<INFORMATION・お知らせ>



'First-Time Japanese Conversation Space' (Nihongo Hiroba) for International Residents

外国人向け「はじめての日本語ひろば」



Date & Time	Sundays, 9:30 am – 11:30 am [total:11 classes] September: 13 th , 20 th , 27 th October: 4 th , 11 th , 18 th , 25 th November: 1 st , 8 th , 22 nd , 29 th ※December 6 th (Makeup day)
Location	Fukuroi City Education Center 4F, Conference Room (Fukuro-shi Kyoiku Kaikan, Dai Kaigi Shitsu) or Fukuroi International Exchange Center (Fukuroi Kokusai Koryu Senta) Address: Fukuroi-shi, Araya 1-1-15
Details	Enjoy learning Japanese language and culture through communication with Japanese supporters based on themes related to daily life!
Target & Limit	Persons who fall under all the following 1) – 3): 1) Those who live or work in the city 2) Those who are aged 16 years+ 3) Those who wish to learn simple and useful Japanese for daily life
Cost	Free of charge
How to Apply	Please submit your name, address, nationality, status of residence, age, phone number, email address and workplace via phone, via email, via the application form on the city website or directly to the details below. Applications close: Friday 4 September
Contact Details	Intercultural Affairs Division, Intercultural Affairs Section (Tabunka Kyosei Suishin-ka, Tabunka Kyosei-kakari) ☎ 0538-44-3138 ✉ tabunka@city.fukuroi.shizuoka.jp



FY 2026 2nd Briefing Session for the 'Study Abroad Support Project for Children and Youth'

「子ども・若者海外留学支援事業」2026(令和8)年度第2期募集説明会



Date & Time	Sunday 27 September, 2:00 pm – 4:00 pm
Location	Fukuroi City Education Center 4F, Conference Room (Fukuroi-shi, Kyoiku Kaikan, Dai Kaigi Shitsu)
Details	Join the session that introduces information on study abroad and presents the study abroad support project for children and young people in Fukuroi. ※Consultations will be available after the briefing session. ● 'Fukuroi City Study Abroad Support Project for Children and Youth' (Fukuroi-shi Kodomo & Wakamono Kaigai RyugakuShien Jigyo): This project is designed to encourage children and young people to try studying abroad, and to support and develop people who have a deep understanding of different cultures and are strong and resilient. For this purpose, the city will issue an incentive subsidy for the qualified expenses necessary to study abroad. For details, please check the city website.
Target & Limit	Persons up to the age of 22 including junior high school students, and their parents/guardians
Cost	Free of charge
How to Apply	Please submit your name, address, phone number, e-mail address and the number of people who wish to participate via the application form on the city website. Applications close: Thursday 24 September
Contact Details	Lifelong Education Division, Lifelong Education Section (Shogai Gakushu-ka, Shogai Gakushu-kakari) ☎ 0538-86-3191 Intercultural Affairs Division, Intercultural Affairs Section (Tabunka Kyosei Suishin-ka, Tabunka Kyosei-kakari) ☎ 0538-44-3138

Out-of-Pocket Maximum Under High-Cost Medical Expense Program for National Health Insurance and Medical Care System for the Elderly to Be Revised

国民健康保険・後期高齢者医療制度の高額療養費の自己負担限度額などが見直されます



Details	From Saturday 1 August, the High-Cost Medical Expense Program, which is a system that reimburses the amount exceeding the out-of-pocket maximum when the expenses paid at medical institutions/pharmacies in a month exceed that maximum, will be revised. Check details via the QR.
Contact Details	Insurance Division, Insurance Benefits Section (Hoken-ka, Hoken Kyufu-kakari) ☎ 0538-44-3191



Speed Limit for Vehicles on Residential Roads (Seikatsu Doro) to Be Reduced

生活道路における自動車の法定速度が引き下げられます

Details	From Tuesday 1 September, with the revised Road Traffic Control Order coming into force, the legal speed limits for cars on residential roads 'Seikatsu doro' will be as follows. Residential road 'Seikatsu doro' refers to relatively narrow roads, particularly those without a center line.
Legal Speed Limit	Before the Revision: 60 km/h (on Residential Roads) After the Revision: 30 km/h (on Residential Roads)
Contact Details	Fukuroi Police Station, Traffic Division (Fukuroi Keisatsu-sho, Kotsu-ka) ☎ 0538-41-0110 (main phone number)



Confirm Your Child Allowance (Jido Teate) Payments

児童手当の振り込みをご確認ください



Details	August is a child allowance payment month. On Monday 10 August, child allowance for the duration of June – July (2 months) will be paid.
Contact Details	Children's Policy Division, Children & Child-Rearing Support Benefits Section (Kodomo Seisau-ka, Kyufu-kakari) ☎ 0538-44-3184

<INFORMATION・お知らせ>



Application for Child-Rearing Allowance for Single Parent Households, etc.

ひとり親家庭（母子家庭・父子家庭）などを対象とした児童扶養手当の申請



Payment Amount	Full payment/child (per month)	Partial payment/child (per month)
First born	¥ 48,050	¥ 11,340 – ¥ 48,040
Second born/after	¥11,350	¥ 5,680 – ¥11,340
Eligibility	Those who have children up to the age of 18 (or up to the age of 20 if the child has a disability) that meet any of the following ① - ⑦, and whose income is below a specified threshold: ① A child whose father or mother is divorced; ② A child whose father or mother has died; ③ A child whose father or mother has a severe disability; ④ A child whose father or mother's whereabouts are unknown; ⑤ A child whose father or mother has been served with a court order for protection against domestic violence; ⑥ A child born out of wedlock; ⑦ A child with other special circumstances. For details, please check via the QR.	
Contact Details	Children's Policy Division, Children & Child-Rearing Support Benefits Section (Kodomo Seisaku-ka, Kyufu-kakari) ☎ 0538-44-3184 Citizen Service Division, Citizen Service Section (Shimin Sabisu-ka, Shimin Sabisu-kakari) ☎ 0538-23-9211	

Application for Admission to FY2027 Authorized (Small-Scale) Nurseries (Ninka Hoiku-jo/en), (Shokibo Hoiku-jigyo), Certified Daycare & Early Childhood Education Center Daycare Departments (Nintei Kodomo-en, Hoiku-bu) 2027 (令和9)年度認可保育所（園）・認定こども園（保育部）・小規模保育事業の入所児童



Details	To apply for the authorized (small-scale) nurseries or the Certified Daycare & Early Childhood Education Center Daycare Departments, please refer to the admission guide available at the counters from Monday 24 August or downloaded from the city website. Check details via the QR.	
Target	Children who cannot receive the necessary childcare at home due to reasons such as their parents' work or illness, as defined in 'reasons for the need for childcare'. Application Period: Tuesday 1 September – Wednesday 30 September	
How to Apply	Please submit your application directly to the counter or via the application form on the city website.	
Contact Details	Early Childhood Education & Care Division, Facility Administration Section (Kyoiku Hoiku-ka, Shisetsu Un'ei-kakari) ☎ 0538-86-3332 Asaba Branch Office, Citizen Service Division, Citizen Service Section (Shimin Sabisu-ka, Shimin Sabisu-kakari)	

<EVENT・イベント>



Mellow Plaza Autumn (Akiro) Fair

メロー・アキロ・フェア



Date & Time	① Saturday 19 September, 10:00 am – 3:00 pm ② Sunday 20 September, 10:00 am – 4:00 pm
Location	Mellow Plaza 1F, Multifunctional Hall (Takino Horu), Gallery (Galleria) and Lobby (Foyer) Address: Fukuroi-shi, Asana 1027
Details	① Sales of food and handmade goods from 27 stalls, workshops, etc. ② Mini-concerts, dance and chorus on stage, sale of food, etc.
How to Apply	All are welcome. No need to apply. Head directly to the venue on the day. Free of charge
Contact Details	Mellow Plaza (Open 9:00 am -10:00 pm, Closed Wednesdays) ☎ 0538-30-4555 FAX: 0538-23-8000 ✉ mellow-plaza@asahi-net.email.ne.jp

<COURSE・講座>



Familia Net Disaster Preparedness Training Session (Bosai Kenshu-kai)

ふぁみりあネット「防災研修会」



Date & Time	Tuesday 27 October, 9:30 am – 11:30 am
Location	Fukuroi Minami Community Center (Fukuroi Minami Community Senta) 1F, Hall
Details	Topics related to disaster preparedness, etc. Free of charge (Gift included)
Target & Limit	All are welcome. 50 participants ◆ In order of application
How to Apply	Please submit your name, address, age, and phone number via phone, via fax, via email, or via the application form on the website to the contact details below. Application period: Friday 14 August – Tuesday 15 September
Contact Details	NPO Familia Net (NPO Hojin Familia Net) ☎ 0538-43-2288 FAX: 0538-31-5211 ✉ familia-net@cy.tnc.ne.jp

<MULTICULTURAL NOTES・多文化コラム>

119番



Emergency Contact for Fires and Medical Emergencies

火事や救急時の緊急連絡先



When calling the Fire Brigade or Ambulance	Dial 119 (24 hours a day & 365 days a year) • 21 languages (Portuguese, English, etc.) available	
	In Fukuroi City, when you call 119, an interpreter can join the call to convey the details of your incident. This three-way multilingual interpretation service enables international residents who do not speak Japanese to use the emergency system safely. Please state your country or the language you speak when making the call (e.g. "Portuguese/English, please." (Porutogaru-go/Eigo de Onegai shimasu).	
■■■ Other hotlines (24 hours a day) • only Japanese language available in case you are unsure whether to call an ambulance ■■■		
Hotline	Emergency Consultation #7119	Shizuoka Paediatric Emergency Consultation #8000
Target	Persons living or staying in Shizuoka aged 15+	Carers of children under the age of 15
Consultation	Guidance when you are unsure what to do in the event of a sudden illness or injury: e.g. whether you should go to hospital, whether you should call an ambulance, or which hospital you should go to.	Guidance if you are concerned about a sudden fever or an injury to your child, feel unsure because there is no one nearby to ask, or are unsure whether to take your child to the Emergency Room.
How to Call	Without the area code, dial # followed by 7119.	Without the area code, dial # followed by 8000.

<SWIMMING PROGRAM スイミングプログラム>



Fukuroi B&G Pool Swimming Programs

ふくろい かいよう
袋井B & G海洋センター スイミングプログラム



● Kids Swimming Program

Course	Day	Period	Time	Target	Limit	Cost
Preschool (Yoji)	MON	From MON 26 OCT 15 classes (total)	2:50 pm – 3:50 pm	Born between 2 April 2020 – 1 April 2023	30 children	¥ 16,500
Pre & Elem School (Yoji & Shogakusei)			3:55 pm – 4:55 pm	Born between 2 April 2018 – 1 April 2022	40 children	¥ 16,500
Elem School Beginner (Shogakusei Shokyu)			5:00 pm – 6:00 pm	Born between 2 April 2014 – 1 April 2020	40 children	¥ 16,500
Preschool (Yoji)	SAT	From SAT 17 OCT 18 classes (total)	9:20 am – 10:20 am	Born between 2 April 2020 – 1 April 2023	30 children	¥ 19,800
Pre & Elem School (Yoji & Shogakusei)			10:25 am – 11:25 am	Born between 2 April 2018 – 1 April 2022	40 children	¥ 19,800
Elem School Beginner (Shogakusei Shokyu)			11:30 am – 12:30 pm	Born between 2 April 2014 – 1 April 2020	40 children	¥ 19,800
Elem School Intermediate (Shogakusei Chukyu)			12:35 pm – 1:35 pm	Born between 2 April 2014 – 1 April 2020	40 children	¥ 19,800

● Baby/Child & Parent Swimming Program

Course	Day	Period	Time	Target	Limit	Cost
Baby/Child & Parent (Baby/Oyako Swimming)	TUE/ THU	18 classes (frequency system) 36 classes (total)	10:30 am – 11:15 am	Children born between 2 April 2023 – March 2026 & parents/guardians	20 pairs	¥ 19,800 ¥ 30,600
How to Apply	Please submit your application form available at the following service counter directly to the contact details below. Application forms can also be downloaded through the website. Application period: Wednesday 26 August – Tuesday 8 September (Reception: 9:00 am – 7:00 pm) ※Phone application is not accepted. ◆ If there are many applications, participants will be chosen randomly. ◆ Admission fee and insurance are included in the course fee.					
Contact Details	Fukuroi B & G Pool ☎ 0538-43-1523 (Closed the 3rd Monday of every month)					

FY2026 Mizutama Pool 2nd-Term Swimming Programs (2 NOV - 23 MAR 2027) 18 Times/Course



2026 (令和8) 年度水玉プール第2期プログラム 期間: 11月2日(月) ~ 2027 (令和9) 年3月23日(火) 各18回



● Baby/Child & Parent Swimming Program

Course	Day	Time	Target	Limit	Cost	Content
Baby/Child & Parent (Baby/Oyako Swim)	FRI	11:15 am – midday	Children aged 6 months – before entering kindergartens & parents/guardians	15 pairs	¥ 14,400	Promote children's physical and mental development and strengthen the bond between parents and children
How to Apply	Please submit your application form available at the following service counter directly to the contact details below. ◆ In order of application, Applications & Payments: From Tuesday 1 September ◆ Admission fee and insurance are included in the course fee. ※Requests for course changes after the payment or refunds after the start of the courses will not be accepted.					

● Kids Swimming Program

Course	Day	Time	Target & Limit	Cost	Content
Preschool (Yoji Swim)	MON TUE WED FRI	3:30 pm – 4:20 pm	30 children born between 2 April 2020 – 1 April 2023	¥ 14,400 admission fee & insurance included	Become comfortable with water while experiencing its pleasantness and fun, and learn the basics of swimming as well as accident prevention and safety
Elem & Junior High School ① (Jr swim)		4:30 pm – 5:30 pm	30 Elementary/Junior High School students		While strengthening both mind and body through swimming, learn the basics of the crawl and backstroke, and take on the challenge of all four swimming strokes
Elem & Junior High School ② (Jr Swim)		5:40 pm – 6:40 pm			
Preschool SAT ① (Yoji Swim)	SAT	3:00 pm – 3:50 pm	30 children born between 2 April 2020 – 1 April 2023		Become comfortable with water while experiencing its pleasantness and fun, and learn the basics of swimming as well as accident prevention and safety
Preschool SAT ② (Yoji Swim)		4:00 pm – 4:50 pm			
Elem & Junior High School (Jr swim)		5:00 pm – 6:00 pm	30 Elementary/Junior High School students		While strengthening both mind and body through swimming, learn the basics of the crawl and backstroke, and take on the challenge of all four swimming strokes
How to Apply	Please submit your application form available at the following service counter directly to the contact details below. Application period: Friday 14 August – Monday 31 August Payment period: Mon 7 September – Saturday 26 September ◆ If there are many applications, participants will be chosen randomly. ※Results will be notified on the website and at the counter of the pool from Monday 7 September. ※Requests for course changes after the payment or refunds after the start of the courses will <u>not</u> be accepted.				
Contact Details	Tsukimi-no-Sato Workshop Center Mizutama Pool(Tskimi-no-Sato Gakuyukan Muzutama Pool) ☎ 0538-49-3201 (Closed Thursdays)				



After Hours and Holiday Emergency Care Roster

15 August – 15 September 2026

やかん きゅうじつきゅうきゅうとうばんいひょう れいわ ねん がつ にち がつ にち
夜間・休日救急当番医表 令和8年8月15日～9月15日

※Please call and inform the doctor of your symptoms before receiving emergency care.

※The opening hours of after-hour care clinics on duty in the city: 6:00 pm – 9:00 pm (Reception: 6:00 pm – 8:30 pm) on Mondays, Tuesdays and Fridays excluding national holidays.

※The opening hours of after-hour care hospital Fukuroi-shi Kyujitsu Kyukan Shinryo-shitsu: 7:00 pm – 9:00 pm (Reception: 6:00 pm – 8:30 pm) on Wednesdays and Thursdays excluding national holidays.

Date	Clinic Name	Address	Medical Practice	TEL (0538)
8/15 SAT	Seek treatment at clinics during standard treatment hours, or go to Chutoen General Medical Center (TEL: 0537-21-5555)			
16 SUN	Fukuroi-shi Kyujitsu Kyukan Shinryo-Shitsu	Kuno 2515-1	Internal medicine, paediatrics, surgery	84-9131
17 MON	Uesugi Naika Clinic	Kakenoue 19-2	Internal medicine, cardiology	41-3000
18 TUE	Miki Shonika lin	Izumi-cho 1-7-5	Paediatrics	43-3797
19 WED	Fukuroi-shi Kyujitsu Kyukan Shinryo-Shitsu	Kuno 2515-1	Internal medicine, paediatrics	84-9131
20 THU	Fukuroi-shi Kyujitsu Kyukan Shinryo-Shitsu	Kuno 2515-1	Internal medicine, paediatrics	84-9131
21 FRI	Yamana Shinryojo	Haruoka 588-1	Internal medicine, gastroenterology, cardiology, rheumatology	49-1331
22 SAT	Seek treatment at clinics during standard treatment hours, or go to Chutoen General Medical Center (TEL: 0537-21-5555)			
23 SUN	Fukuroi-shi Kyujitsu Kyukan Shinryo-Shitsu	Kuno 2515-1	Internal medicine, paediatrics, surgery	84-9131
24 MON	Karashidane Shinryojo	Kayama 1305	Internal medicine, nephrology	30-7080
25 TUE	Nagata Icho・Shokakika lin	Kawai 856-9	Gastroenterology	43-2355
26 WED	Fukuroi-shi Kyoritsu Kyukan Shinryo-Shitsu	Kuno 2515-1	Internal medicine, paediatrics	84-9131
27 THU	Fukuroi-shi Kyujitsu Kyukan Shinryo-Shitsu	Kuno 2515-1	Internal medicine, paediatrics	84-9131
28 FRI	Morimoto Jibi Inkoka	Kamiyamanashi 1-8-6	Otolaryngology, paediatrics	30-1100
29 SAT	Seek treatment at clinics during standard treatment hours, or go to Chutoen General Medical Center (TEL: 0537-21-5555)			
30 SUN	Fukuroi-shi Kyujitsu Kyukan Shinryo-Shitsu	Kuno 2515-1	Internal medicine, paediatrics, surgery	84-9131
31 MON	Shimura Naika iin	Kuno 1973-3	Internal medicine, respiratory medicine, paediatrics	44-1159
9/1 TUE	Tokunaga lin	Nishi-dori 149-1	Internal medicine, paediatrics	23-2017
2 WED	Fukuroi-shi Kyujitsu Kyukan Shinryo-Shitsu	Kuno 2515-1	Internal medicine, paediatrics	84-9131
3 THU	Fukuroi-shi Kyujitsu Kyukan Shinryo-Shitsu	Kuno 2515-1	Internal medicine, paediatrics	84-9131
4 FRI	Mizoguchi Family Clinic	Asaoka 45-1	Internal medicine, paediatrics	23-8300
5 SAT	Seek treatment at clinics during standard treatment hours, or go to Chutoen General Medical Center (TEL: 0537-21-5555)			
6 SUN	Fukuroi-shi Kyujitsu Kyukan Shinryo-Shitsu	Kuno 2515-1	Internal medicine, paediatrics, surgery	84-9131
7 MON	Asaba lin	Asaba 1767-1	Internal medicine, gastroenterology	23-6320
8 TUE	Yamana Shinryojo	Haruoka 588-1	Internal medicine, gastroenterology, cardiology, rheumatology	49-1331
9 WED	Fukuroi-shi Kyujitsu Kyukan Shinryo-Shitsu	Kuno 2515-1	Internal medicine, paediatrics	84-9131
10 THU	Fukuroi-shi Kyujitsu Kyukan Shinryo-Shitsu	Kuno 2515-1	Internal medicine, paediatrics	84-9131
11 FRI	Morimoto Jibi Inkoka	Kamiyamanashi 1-8-6	Otolaryngology, paediatrics	30-1100
12 SAT	Seek treatment at clinics during standard treatment hours, or go to Chutoen General Medical Center (TEL: 0537-21-5555)			
13 SUN	Fukuroi-shi Kyujitsu Kyukan Shinryo-Shitsu	Kuno 2515-1	Internal medicine, paediatrics, surgery	84-9131
14 MON	Tanaka Junkanki Naika Clinic	Takao 1766-1	Internal medicine, cardiology	41-0810
15 TUE	Kurebayashi Naika Junkanki Naika lin	Kasui-no-Mori 51-8	Internal medicine, cardiology, diabetes medicine	31-5123

Fukuroi City Hall, Intercultural Affairs Division, Intercultural Affairs Section (Fukuroi

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袋井市役所 多文化共生推進課多文化共生係 TEL 0538-44-3138

Orientation Video for Foreign Residents – Living in Fukuroi

Foreign Resident Consultation Desk



Please check out this video made by the city with helpful information about living in Fukuroi on YouTube.



We provide consultations for Japanese language study, education and work etc. Available in English.

TEL: (0538) 43 - 8070

Location: Fukuroi International Exchange Center (Araya 1-1-15)