

<MULTICULTURAL SPECIAL TOPIC・^{たぶんかたくしゅうきじ}多文化特集記事>

We are hoping for everyone's good health amidst the continuation of the COVID-19 pandemic in Japan and all over the world.

This month, we would like to introduce some **key vocabulary about COVID-19** that can be used to help talk about **symptoms at medical institutions**. Here is a **"Point-and-Speak Communication Tool"** to be used at medical institutions.



Common Symptoms

Fever
(Hatsunetsu)
発熱

Dry cough
(Karaseki)
空咳

Fatigue
(Kentaikan)
倦怠感

°C
()do
度

English
(Phonetic Spelling)
日本語

Other Symptoms

Pain
(Itami)
痛み

Sore throat
(Nodo no itami)
喉の痛み

Muscle or joint pain
(Kin-niku ya kansetsu no
Itami)
筋肉や関節の痛み

Headache
(Zutsuu)
頭痛

**Runny nose or nasal
congestion**
(Hanamizu ya hanazumari)
鼻水や鼻詰まり

Diarrhea
(Geri)
下痢

Conjunctivitis
(Ketsumakuen)
結膜炎

Nausea or vomiting
(Hakike, matawa outo)
吐き気または嘔吐

Loss of taste or smell
(Mikaku, matawa kyukaku no shoshitsu)
味覚または嗅覚の消失

Chills or dizziness
(Samuke ya memai)
寒気やめまい

Skin rash or change of color in fingers or toes
(Hifu no hosshin, matawa teashi no yubi no henshoku)
皮膚の発疹または手足の指の変色

Serious Symptoms

**Difficultly breathing, shortness of
breath**
(Kokyu ga kurushii, matawa ikigire)
呼吸が苦しい、または息切れ

Inability to speak or move
(Gengo shougai, matawa undo kinou no soushitsu)
言語障害または運動機能の喪失

Chest pain or pressure
(Mune no itami, matawa appakukan)
胸の痛みまたは圧迫感



Exam Simulation

**Which symptoms do you have and when did they
begin?**

(Dono youna shojou ga itsukara arimasuka?)
どのような症状がいつからありますか？

From yesterday/today
(Kinou/ kyo kara)
昨日/今日から

From one week ago
(Isshukan mae kara)
1週間前から

**Have you travelled outside the prefecture or been in
contact with an infected person?**
(Kengai ryoko ya kansensha tono sesshoku wa arimasuka?)
県外旅行や感染者との接触はありますか。

Yes
(Arimasu)
あります

days ago
()Nichi mae
日前

No
(Arimasen)
ありません

From 2/3/4/5/6 days ago

(Futsuka)	(Mikka)	(Yokka)	(Itsuka)	(Muika)	(Mae Kara)
2日	3日	4日	5日	6日	前から